

## Waffles

- Belgium** Served w/whipped butter and powdered sugar. Add berries +2.5 **9**
- Strawberry Grain** Topped w/Greek yogurt, granola and fresh strawberries **12**
- Chicken 'N Waffle** Fried chicken on waffle smothered w/sausage gravy. Add a fried egg +1 **13**
- Chocolate & Strawberry** Waffle w/melted chocolate topped with fresh strawberries **11.5**

## Healthy Choices

- Quinoa Breakfast Bowl** Greek yogurt, quinoa, blackberry, almonds, sunflower seed and honey **9.5**
- Protein Packed** Scrambled egg whites a chicken sausage, sautéed spinach and mushrooms **11.9**
- Egg White Scrambler** Spinach, mushroom, red peppers, chicken breast **12.5**
- Acai** Topped with strawberries, blueberries, banana, chia seeds, coconut flakes, granola and local honey **10.8**
- Avocado Toast Breakfast** Smashed avocado mixed w/smashed chick peas, tomato, 2 poached eggs on sourdough drizzled in a siracha sauce. Choice of potato or fruit **11.3**
- Protein Sampler Board** Local applewood smoked bacon, pork sausage patties, 2 eggs poached or scrambled, Havarti cheese and assorted fruit **14**
- Smoked Salmon Board** Toasted bagel, cream cheese, red onions, tomato slices and a hard boiled egg **16**
- The Healthy Board** Sliced English cucumber, sliced avocado, sliced medley tomatoes garnished w/your choice of chicken salad, chicken breast, salmon and a cup of fruit **14.5**

## Oats and Yogurt

- Steel-Cut Oatmeal Bowl** **5**
- Oatmeal Bar** Steel cut oatmeal topped w/3 of your favorite items **8**

FRESH FRUIT	NUTS AND SEEDS	DRIED FRUIT	SWEET TOOTH
Strawberry	Sliced Almonds	Cranberries	Caramel Sauce
Blueberry	Granola	Raisins	Chocolate Chips
Blackberry	Walnuts	Coconut	Honey
Raspberry	Chia Seed		Brown Sugar
Banana	Sunflower Seed		
Granny Smith Apple	Flax Seed		
	Caramelized Pecans		
- Power Parfait** Greek yogurt topped with granola, berries, honey, walnuts & cinnamon **9.5**
- Greek Yogurt** Topped with local honey, walnuts and cinnamon **8**

## SIDES

- |                                       |     |                        |     |                           |   |
|---------------------------------------|-----|------------------------|-----|---------------------------|---|
| Toast (GF add \$1)                    | 2.8 | Sweet Potato Fries     | 5   | Cup of Fresh Fruit        | 4 |
| Biscuit 2 with Sausage Gravy          | 5   | French Fries           | 4   | Cup of Berries            | 5 |
| Bagel & Cream Cheese                  | 3.5 | Truffle Fries          | 4.5 | Homemade Soup             | 4 |
| Sides of Pancakes                     | 4   | Mixed Green Side Salad | 3.8 | (Available September-May) |   |
| Cubed Potatoes                        | 3   | Fried Green Tomatoes   | 6   | Sausage Gravy - Large     | 4 |
| Hen House Potatoes                    | 5   | (with Ranch)           |     | 100% Maple Syrup          | 3 |
| Havarti, Onions, Bacon, Ham & Peppers |     |                        |     | Sour Cream or Salsa       | 1 |
| <b>Sizzlin' Sides</b>                 |     |                        |     |                           |   |
| Cherry Applewood Bacon                | 5.5 | Pork Sausage           | 4.5 | Organic Chicken Sausage   | 6 |
| Canadian Bacon                        | 5   | Corned Beef Hash       | 6   | Turkey Patties            | 6 |
| Ham Off The Bone                      | 6   |                        |     | Chicken Breast            | 6 |

## LUNCH

### Burgers

French fries or a field green salad. Upgrade to truffle fries or sweet potato fries +2

BUILD IT YOUR WAY – Choose a protein				
BEEF BURGER	CHICKEN BREAST	BREADED CHICKEN BREAST	BLACK BEAN	IMPOSSIBLE
\$11	\$11	\$12	\$12	\$13
<i>All items come with Romaine, tomato, onion, pickle</i>				
<b>CHEESE \$1</b>	<b>VEGGIES \$.75</b>	<b>EXTRAS \$1.50</b>	<b>SAUCES \$.50</b>	
Havarti or American	Caramelized onion	Fried green tomato	Chipolte mayo	
Mozzarella	Grilled mushroom	Egg up	Siracha aioli	
Sharp cheddar	Grilled jalepeño	Bacon	Bourbon bacon jam	
Gouda or Gruyere	Avocado		Garlic aioli	
Goat or Feta				

- Black Bean Burger** Topped w/homemade pico, avocado and a mango aioli. Served with a field green salad. Add cheese +.50 **13**
- Havarti Burger** Caramelized onions, roasted mushrooms, garlic aioli, bacon jam toasted brioche **12.8**
- Paul Bunyen** Double quarter lb. patties smothered in Mercks sharp cheddar, bacon and Hellman's mayo **13.5**
- 1060 Burger** Two patties, sharp cheddar cheese & applewood bacon. Topped with a sunny-side up egg. **12.5**
- Patty Melt** Caramelized onions, melted American cheese on grilled marble rye **12.5**

### Sandwiches

Complimented with fries or a field green salad, upgrade to truffle fries or sweet potato fries +2

- The Bourbon Bacon Grilled Cheese** Sharp Cheddar & Havarti cheese w/grilled tomato and bourbon maple bacon **11.8**
- Brie Grilled Cheese** Sourdough bread, brie cheese, Hellman's mayo, applewood bacon, Granny Smith apples **11.8**
- Buffalo BLT** Lightly dressed 8 oz chicken breast sautéed in a hot buffalo sauce w/bacon, lettuce, tomato and Havarti cheese on grilled ciabatta **13.3**
- Fried Chicken Sandwich** Pickled red cabbage, sharp cheddar cheese, chipotle mayo on brioche **13**
- BLT Sandwich** **11.5**
- Chicken Salad Sandwich** Made with chicken, grapes, celery, red bell peppers tossed in a light aioli on multigrain bread. Croissant +1 **12.5**
- Chicken Aioli** Pan seared chicken, pesto aioli, tomato, English cucumbers, mixed greens and mozzarella cheese **12.5**
- Chicken Avocado BLT** Local chicken breast and bacon, topped with organic avocado, tomato, and Havarti cheese on brioche bread with garlic mayo **13.3**
- Filet Mignon Steak Sandwich** Topped with Havarti cheese, grilled onions and garlic aioli **18.5**
- Hen House Club** Bacon, lettuce, fried green tomato **13**
- Nashville Hot Fried Chicken Sandwich** Hotsauce, honey, sharp cheddar cheese and pickles **13.5**
- Monte Cristo Sandwich** Sliced ham, Gruyere cheese between 2 pieces of French toast w/a side of jam **13**

### Toast And Wraps

All Toasts can be made as a wrap Complimented with Fries or a Field green salad, upgrade to our truffle fries or sweet potato fries +2

- College Ave** Ham off the bone, sharp cheddar cheese, tomato, leafy greens and mayo **12**
- Avocado Lunch** Open faced smashed avocado and chickpeas, heirloom tomato, fresh mozzarella and basil, drizzled with a balsamic reduction **11.8**
- Veggie** Baby arugula, roasted red peppers, red onions, mushrooms, avocado & roasted red pepper hummus pressed **11.5**
- Pesto** Roasted chicken breast, red pepper, mozzarella cheese w/basil pesto **12.5**
- Verde** Chicken breast, chopped baby kale, mushrooms, cucumber w/queso fresco **12.5**
- Alexandra's** Chipotle chicken breast, tomato, cherry applewood bacon and smoked Gouda **13**

### Salads

- Add chicken breast or salmon filet to any salad +3.9
- Chopped** Romaine lettuce, corn, cherry tomato, avocado, scallions, hickory smoked bacon, feta cheese w/honey citrus vinaigrette **12.5**
- Caesar** Romaine lettuce, red onion, parmesan and oven roasted croutons tossed in a house made Caesar dressing **11.5**
- Cobb** Romaine lettuce, avocado, cherry tomato, hard boiled egg, scallions, hickory smoked bacon, crumbled blue cheese w/homemade ranch dressing **12.5**
- Spinach** Organic baby spinach with hickory smoked bacon, red onion, goat cheese and walnuts w/balsamic vinaigrette **11.8**
- Harvest** Spring mix and baby arugula, grilled zucchini, sugared pecans, dried cranberries, sliced pears, heirloom grape tomatoes, crumbled goat cheese served with balsamic vinaigrette dressing **13**
- Kale** Baby kale, green apples, dates, sunflower seeds in champagne vinaigrette **11.5**
- The Farmer** Field greens and arugula blend, beets, apple, red onion, glazed sugar pecans w/a balsamic vinaigrette **11.5**
- Salmon Salad** Mixed greens, salmon, grape tomato, cucumbers, shallots, goat cheese topped w/a lemon vinaigrette **15**
- Greek Salad** Chopped Romaine, red pepper, red onion, crumbled feta, Kalamato olives oregano w/Greek dressing **12**
- Filet Mignon Salad** Kale and mixed greens, avocado, grape tomato, red onion, cucumbers & feta. Champagne dressing **18**
- Strawberry Chicken Salad** Baby kale, arugula, spring mix, sliced almonds, medley grape tomatoes, avocado, sliced strawberries. Topped with our homemade chicken salad. Finished w/our signature champagne dressing **14**
- Caprese Salad** Sliced Beefsteak tomatoes, fresh mozzarella, fresh basil, drizzled w/Balsamic reduction and olive oil on a bed of baby arugula **15**
- Soup & Mixed Green Salad Combo** Available September-May **9.8**